

Small Sided Games Chart

	MINI FIELD			DEVELOPMENTAL FIELD		SMALL SIDED FIELD		
	U6 6 years old and younger	U7 7 years old and younger	U8 8 years old and younger	U9 9 years old and younger	U10 10 years old and younger	U11 11 years old and younger	U12 12 years old and younger	
Field Size (yards)	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 55-65 Width 35-45	Length 55-65 Width 35-45	Length 70-80 Width 45-55	Length 70-80 Width 45-55	
Maximum Goal Size (feet)	Height 4 Width 6	Height 4 Width 6	Height 4 Width 6	Height 6.5 Width 18.5	Height 6.5 Width 18.5	Height 7 Width 21	Height 7 Width 21	
Ball Size	3	3	3	4	4	4	4	
Players	4v4 No GK	4v4 No GK	4v4 No GK	7v7	7v7	9v9	9v9	
Game Time (minutes)	4x10	4x10	4x10	2x25	2x25	2x30	2x30	
Offside	No	No	No	Yes	Yes	Yes	Yes	
	Build Out Line		N/A	Build Out Line		YES	Build Out Line	N/A
	Punting		N/A	Punting		NO	Punting	YES
	Heading		N/A	Heading		NO	Heading	U12's Only
	Corner Flags		NO	Corner Flags		YES	Corner Flags	YES
	Goal Box		N/A	Goal Box		4yds x 8yds	Goal Box	5yds x 12yds
	Penalty Area		N/A	Penalty Area		12yds x 24yds	Penalty Area	14yds x 36yds
	Penalty Kick/Spot		N/A	Penalty Kick/Spot		10yds	Penalty Kick/Spot	10yds
	Center Circle		N/A	Center Circle		8yds	Center Circle	8yds
	Distance on Restart		10 Feet	Distance on Restart		8yds	Distance on Restart	8yds